

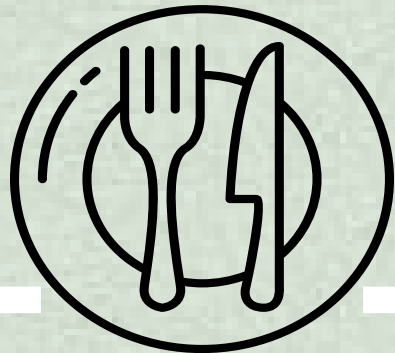
erase food waste

Accelerating Sustainability Virtual Conference: Prevent Food Waste Tips & Tricks



Impact of Food Waste

- If food waste was a country it would be the 3rd largest emitter of GHG emissions
- 30-50% of all food is wasted in the home
- 1/4 of the world's fresh water is lost due to food waste



Tips & Tricks at Home

#1

Plan

Create Weekly Menus and only buy items you need to make the meals.

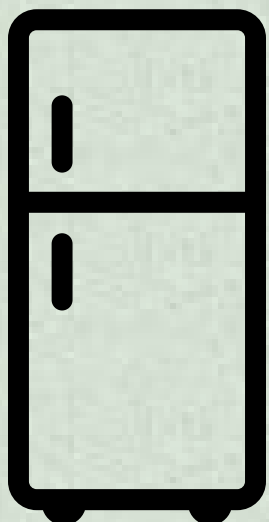


Consider buying produce from local farm shares, imperfect produce suppliers
Day-old bakery product

#2

Preserve

Freeze leftovers right away - you can always defrost when you're ready to consume



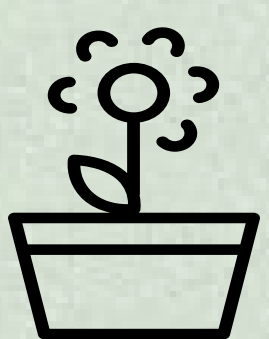
Use bits of left over fruit and veggies for smoothies

Turn veggie scraps into vegetable broth (you can store veggie scraps in the freezer until you're ready!)

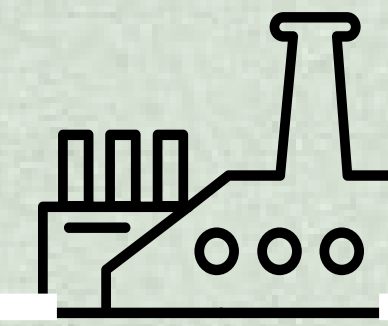
#3

Prevent

Consider composting your food scraps. Food that decomposes in a landfill emits methane.



Google your on-hand ingredients and try a new recipe



Tips & Tricks for Work

Donate

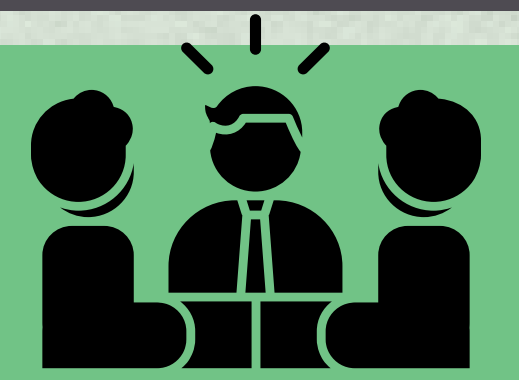
Local Food Banks
Feeding America
Local Shelters



Did You Know? Many companies will match donations to charities such as food banks.

Demonstrate

Show your employees this is an important issue



Start a green team at your organization and bring up food waste as an issue. Create a level of enthusiasm!

Decide

Make food waste part of your company's sustainability strategy



Make a goal and execute on it